



## Project Tips - *Rabbit Hopping*

### Important Dates

**February 1:**

4-H Re-Enrollment Deadline

**April 1:**

4-H Enrollment Deadline  
 (New Members)

**March-May:**

MQA Training

**May 1:**

Animal ID due on 4HOnline  
 Animal Care (Primary Care) Form Due

**Mid June:**

Animal Record Book Interviews

**Late June/Early July:**

Fair Entries Close

**Early August:**

Adams County Fair

**September:**

Animal Record Books Due (Friday  
 before Labor Day)

View the 4-H Calendar:

<http://adams4h.org/4-h-events/>

### Project Considerations

Difficulty:

★★★★☆☆

Cost: TBD

1. Do you have a pet rabbit?
2. Are you interested in showing a small animal project?
3. Are you willing to spend 15 minutes everyday with your project animal on rabbit hopping basics?

### Project Timeline



### About the Project

Rabbit hopping is a fun way for you to work with your rabbit and bond. It provides exercise and mental stimulation for both caged and house rabbits. Rabbit jumping began in Sweden early in the 1970s when the first rabbit club started to arrange rabbit jumping competitions. At that time, the rules were based on the rules from horse jumping, but were later reformed to be better suited for rabbits.

	Project Skills	Life Skills
Head	<ul style="list-style-type: none"> <li>• Raise rabbit to exhibit</li> <li>• Select/breed a rabbit based on breed, size, etc.</li> <li>• Track animal health, feed costs, training sessions</li> </ul>	<ul style="list-style-type: none"> <li>• Goal Setting</li> <li>• Decision Making</li> <li>• Keeping Records</li> </ul>
Heart	<ul style="list-style-type: none"> <li>• Encourage other rabbit hopping members during practice and competition</li> <li>• Help another member train their animal for show</li> </ul>	<ul style="list-style-type: none"> <li>• Social Skills</li> <li>• Sharing</li> <li>• Cooperation</li> </ul>
Hands	<ul style="list-style-type: none"> <li>• Demonstrate proper and safe hopping practices</li> <li>• Recognize and serve community needs</li> <li>• Teach the public about animals and agriculture</li> </ul>	<ul style="list-style-type: none"> <li>• Responsible citizenship</li> <li>• Community service</li> <li>• Leadership</li> </ul>
Health	<ul style="list-style-type: none"> <li>• Practice showing my animal regularly</li> <li>• Feed, water, and care for my animal daily</li> <li>• Learn from mistakes or if you do not win.</li> </ul>	<ul style="list-style-type: none"> <li>• Self-discipline</li> <li>• Self-responsibility</li> <li>• Character</li> </ul>

### Project Requirements

**Rabbit project members who intend to exhibit their animal(s) at the Adams County Fair must complete the following to remain eligible for fair entry and exhibition:**

1. Enroll in the Rabbit Project by the enrollment deadline.
2. Complete the Meat Quality Assurance (MQA) training annually.
3. Complete and file an Animal Care and Housing Form on 4HOnline by deadline.
4. ID all rabbits in 4HOnline by May 1 deadline (must own project animals at least 90 days prior to Fair)
5. Attend Animal Record Book Interviews and present an up-to-date E-Record Book.
6. Enter Fair classes online by deadline.
7. Complete and turn in the Livestock E-Record with supplement Rabbit Hopping pages by Friday before Labor Day to the Extension Office.
8. All Rabbit Hopping project members and their rabbits must attend a minimum of three (3) hopping training program practices prior to Fair entry deadline.
9. Rabbit Hopping project rabbits must be a minimum of four (4) months old to begin training.

# Project Tips - Rabbit Hopping

## Additional Information - Animal Entry in 4hOnline

1. 4-H members are required to enter their animals in the 4hOnline enrollment system. This page will help summarize the information required in this system.
2. All rabbit project animals must be entered in the 4hOnline system no later than May 1 of the current project year (meat pen does in by April 1).
3. Rabbit members will enter their rabbits in either Breeding or Market. See images below. All 'bold' items are required. Images are optional.
4. It is highly recommended that any and all animals with the potential of attending Fair have ID in 4hOnline. If an animal does not have ID, it will not be allowed at Fair.



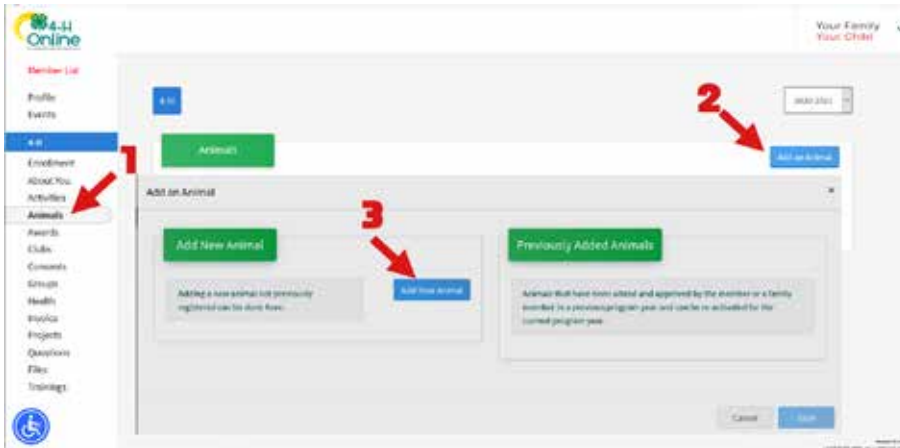
Log in to [4hOnline](#)

Select the 4-H member

1 - Click Animals

2 - Click Add an Animal

3 - Click Add New Animal in the popup window



### Required Information:

- Tattoo - ear tattoo #
  - Birth date - animals birth date
  - Sex: Male/Female
  - Breed
  - Animal Name
- ### Optional Information
- Photos
  - Tag
  - Color + Markings
  - Dam + Sire Info
  - Weight Info

### Steps for Success:

1. Sign up for 4-H Fourcast Newsletters
2. Attend club meetings & rabbit hopping practices.
3. Order the rabbit project manual through your Club Leader to help you learn
4. Download the Livestock E-Recordbook and the rabbit hopping supplement
5. Review Fair premium book to understand show rules and classes
6. Attend required and optional club and county workshops to learn
7. Work on Livestock E-Recordbooks regularly.
8. When in doubt, contact the 4-H office with questions

### Resources

- American Hopping Association for Rabbits and Cavies <https://sites.google.com/site/americanhoppingassociation/home>
- The Canadian Rabbit Hopping Club <http://canadianrabbithoppingclub.com/>
- Northern NSW Rabbit Hopping and Companion Club <http://nnrhclub.weebly.com/rabbit-hopping-coursesclasses.html>
- Rabbit hopping Project Leader
- 4-H Extension Agents

**Stay up to date!**

News/Events/Social Media Posts  
<http://adams4h.org/4-h-news-events/>

### Record Book

Rabbit Hopping Project Members complete the Livestock & E-Record and Rabbit Hopping Supplement. Available at:

<http://co4h.colostate.edu/program-areas/animals/>

### Contact

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